



FONDAZIONE ITALIA LOS ANGELES

ITINERARY OF
CULTURAL ACTIVITIES
AND EXCURSIONS

TODI 2023

OCTOBER 8-14



La Lingua La Vita

dal 1988 qualità e innovazione

***“Non si è mai né troppo giovani
né troppo vecchi per imparare”***

Epicuro



PROGRAM

SUNDAY 8TH OCTOBER

12:00 - 2:00: Arrival in Todi and check-in

2:00 - 3:30: Free time

3:30 - 5:30: Todi guided tour

6:00 - 7:30: Welcome Italian aperitivo together!

8:00: Free time



PROGRAM

MONDAY 9TH OCTOBER

8:00 - 8:45: Breakfast

9:00 - 12:00: Language class

12:30 - 3:00: Lunch at Poggio Brico

3:00 - 6:30: Tour Poggio Brico Bio Farm

7:00: Free time



Located inside the Tiber River Park between Todi, Montecastello di Vibio and Montemolino, the Poggio Brico organic farm combines the best of conventional and organic farming to produce fruits, vegetables, and grains. Enjoy an unforgettable lunch on a sun-kissed terrace 4 meters high in a walnut tree grove with a splendid view of Todi! After lunch you will tour the working farm and experience its natural surroundings.

PROGRAM

TUESDAY 10TH OCTOBER

8:00 - 8:45: Breakfast

9:00 - 10:00: Language class

10:00 - 12:30: Carsulae visit

1:00 - 2:00: Free time

2:30 - 6:00: Cascade delle Marmore

8:00: Dinner at local slow food restaurant



Carsulae was an ancient Roman city located along the future Via Flaminia in Umbria. Although it was already abandoned in ancient times, following serious landslides, it is one of the best-preserved Roman cities in Italy.

<http://carsulae.site/>



The **Marmore Waterfall** is one of the tallest falls in Europe created by the Romans in 271 B.C.

<https://www.cascatadellemarmore.info/>

PROGRAM

WEDNESDAY 11TH OCTOBER

8:00 - 8:45: Breakfast

9:00 - 11:00: Language class

11:00 - 11:30: Coffee break

11:30 - 1:00: Language class

1:00 - 3:00: Free time

3:00 - 6:30: Passo della Palomba

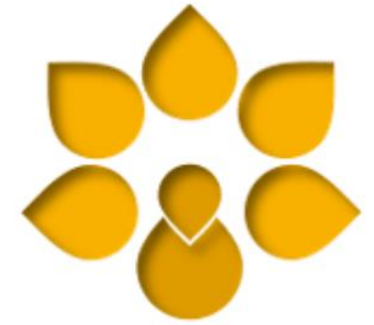
8:00: Dinner at local slow food restaurant



A taste of paradise in the Umbrian countryside awaits you at **Passo della Palomba**. At this extraordinary estate near Todi that has been expertly restored to its former glory, you will be able to immerse yourself in uncontaminated silence, only occasionally interrupted by the murmurs of the forest. Visit the terraces made with the ancient technique known as peasant drywall, ideal for the cultivation of the olive trees on the estate. You won't want to miss tasting their delicious olive oil. <https://www.passodellapalomba.com/>

PROGRAM

THURSDAY 12TH OCTOBER



8:00 - 8:45: Breakfast

9:00 - 12:00: Rasiglia visit and "truffle shopping" at Clitunno

12:00 - 2:00: Free time

2:30 - 6:30: Bevagna, Montefalco and Sagrantino winery visit

8:00 - 9:30: Dinner at local slow food restaurant



Visit **Rasiglia**, little "water-village," and discover the beautiful Valle Umbra and its medieval towns.



Visit **Montefalco**, known worldwide for the unique Rosso di Montefalco and **Sagrantino** wines followed by **Bevagna**, another enchanting medieval village.

PROGRAM

FRIDAY 13TH OCTOBER

8:00 - 8:45: Breakfast

9:00 - 12:00: Norcia visit

12:00 - 2:00: Free time

2:30 - 6:00: Spoleto visit

8:00 - 9:30: Dinner at local slow food restaurant

Norcia and its beautiful surroundings are home to many delicious products of the region including truffles and lentils.

Spoleto, once the capital of the medieval duchy, is an artistically lively city surrounding by olive groves and vineyards.



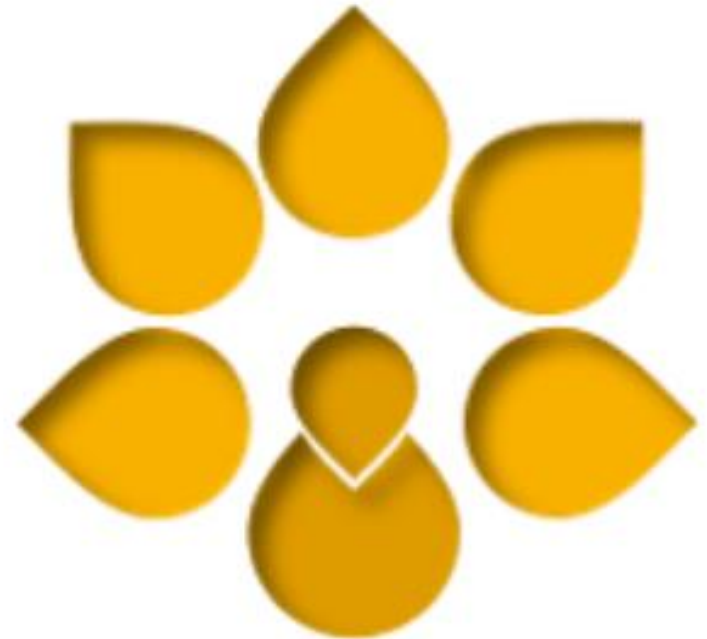
PROGRAM

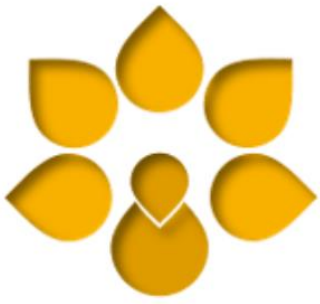
SATURDAY 14TH OCTOBER

8:00 - 8:45: Breakfast

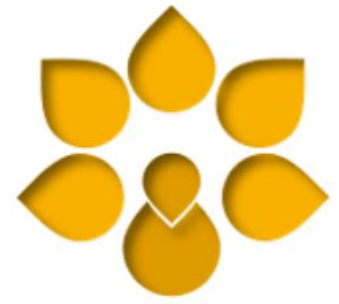
Arrivederci and Departure

GRAZIE





Price Per Person \$2,195



Price includes:

- Italian classes (7 hours) with experienced, native Italian teachers (if you do not wish to take language classes subtract \$300 from per person price)
- Course book, photocopies, welcome card, entry test, course coordination, TULPA certificate
- 6-night stay at [Hotel Bramante](#) in a double occupancy room (if you wish to stay in a single occupancy room add \$170 to per person price)
- Guided tours and transportation to all excursions described in program itinerary
- Italian aperitivo, 6 breakfasts, four dinners at local slow food restaurants, and one lunch at Poggio Brico Bio Farm

Price does not include:

- Airfare
- Transportation to and from Rome airport
- Travel Insurance
- Tickets to Carsulae, Marmore Waterfalls, concerts, museums and churches
- Meals not listed in program itinerary

TRANSFER OPTIONS

ROME AIRPORT TO TODI



Private Transfer Options:

- 1) Individual Transfer: Private professional driver for 1-3 passengers from airport gate exit. Prices can vary.
 - *190,00€ per passenger one-way
 - *230,00€ per passenger round-trip
- 2) Group Transfer: Private transfer for 4-7 passengers from airport exit.
 - *50,00€ per passenger one-way
 - *100,00€ per passenger round-trip

Public Transfer Options:

- 1) Sulga Busline: For schedule and ticket information for bus lines that connect Rome Fiumicino to Todi, please visit [Sulga](#).
 - *15,90€ each way
- 2) Flixbus: For schedule and ticket information Flixbus lines that connect Rome Fiumicino to Todi, please visit [Flixbus](#).